

Code of Conduct

Social Media Code of Conduct

As a health, fitness, and wellbeing company dedicated to serving men aged 50 and over, our mission includes creating a social media presence that fosters inclusion and safety for all. To maintain this environment, we ask that you refrain from publishing any material that is obscene, racist, sexist, pornographic, sexually exploitative, discriminatory, threatening, harassing, personally offensive, defamatory, or illegal. Thank you for helping us create a positive and respectful community.

Playing Code of Conduct

While playing at the venue, we kindly ask all players to be mindful of their language and behavior to ensure it does not cause offense to any staff members, other players participating in our sessions, or anyone else sharing the facilities.